2017 OAA Summer Recreational Classes

Summer Session is from Tuesday, July 4 to Thursday, August 31, 2017

Class		Day	Time	Cost	Registration Fee*
Kinder Gym (Ages 4 to 6)	-	Tuesday	4:30 to 5:30	\$89.00+HST	\$28.32 + HST
Junior Gym (Ages 6 to 8)		Thur sday	4:30 to 5:30	\$89.00+HST	<mark>\$2</mark> 8.32 + HST

The Kinder and Junior Gym program focuses on developing great multi-sport motor skills, along with gymnastics-specific fundamentals. Athletes enjoy working on various apparatus such as: rope, bars, floor circuits, tumbling track, double-mini and trampoline.

Youth T&T (Ages 9 to 12)	Tu <mark>esday</mark>	5:30 to <mark>7:0</mark> 0	\$119.00+HST	\$28.32 + HST
Youth T&T (Ages 9 to 12)	Th <mark>ursday</mark>	5:30 to <mark>7:</mark> 00	\$119.00+HST	<mark>\$28.3</mark> 2 + HST
Teen/Adult T&T (Ages 13 +)	Tu <mark>esday</mark>	7:00 t <mark>o 9</mark> :00	\$144.50+HST	<mark>\$28.3</mark> 2 + HST

The Youth, Teen and Adult Program's focus is to offer a fun and safe atmosphere to encourage the enjoyment of movement. Athletes work through a progression based level-system with specific long and short-term objectives. Athletes will be taken through an active warm-up, develop specific technical skills for both Trampoline and Tumbling and close with a cool-down.

Youth Aerials (Ages 9 to 12)	Wednesday	5 <mark>:30 to</mark> 7:00	\$ <mark>119.0</mark> 0+HST**	\$7.72+HST (if only doing aerials)
Teen Aerials (Ages 13 to 17)	Wednesday	7:00 to 8:30	\$119.00+HST**	\$7.72+HST (if only doing aerials)
Adult Aerials (Ages 18 +)	Wednesday	8:30 to 10:00	\$119.00+HST**	\$7.72+HST (if only doing aerials)

Youth, Teen and Adult Aerial program uses various aerial apparatus including: silks, straps, lyra (hoop) and static trapeze to showcase artistic movement patterns that demonstrate strength and flexibility. These apparatuses are widely used in circus performance for its unique artistry and acrobatics. **A drop-in rate is available for \$17.70+HST (\$20.00 with HST included) per visit.

*Registration Fee Includes:

Gymnastics Ontario Insurance Fee (July 1 to June 30) - 17.25 + HST Gymnastics Ontario Recreational Program Fee (July 1 - June 30) 3.35 + HST OAA Membership Fee and Non-Gymnastics Insurance (July 1 - June 30) - \$7.72+HST

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