

DRAFT SCHEDULE - 2019 TRA TUM Ontario Championships / Hosted by OAA

Friday May 24, 2019/ Flight # 1

Trampoline 1 & 2

TRA L1 - 12 & Under Women	17	TRA L2 - 14 Women	15
TRA L1 - 12 & Under Men	7		
Stretch	10:15 - 10:35	TRA L1 - 12 & Under Women	
Specific Warm-up	10:35 - 11:00	TRA L1 - 12 & Under Women	
National Anthem	11:00 - 11:05		
Competition	11:05 - 11:55	TRA L1 - 12 & Under Women	17
Finals	12:05 - 12:20	TRA L1 - 12 & Under Women	8
Stretch	12:00 - 12:20	TRA L1 - 12 & Under Men	
Specific Warm-up	12:20 - 12:30	TRA L1 - 12 & Under Men	
Competition	12:30 - 12:50	TRA L1 - 12 & Under Men	7
Finals	12:50 - 1:05	TRA L1 - 12 & Under Men	7
Stretch	12:45 - 1:05	TRA L2 - 14 Women	
Specific Warm-up	1:05 - 1:25	TRA L2 - 14 Women	
Competition	1:25 - 2:10	TRA L2 - 14 Women	15
Finals	2:20 - 2:35	TRA L2 - 14 Women	8
Awards/Judges' Break	2:35 - 3:15		

Trampoline 3 & 4

TRA L3 - 14 & Under Men	6	TRA L2 - 13 & Under Men	13
TRA L2 - 12 & Under Women	13		
Stretch	10:30 - 10:50	TRA L3 - 14 & Under Men	
Specific Warm-up	10:50 - 11:00	TRA L3 - 14 & Under Men	
National Anthem	11:00 - 11:05		
Competition	11:05 - 11:25	TRA L3 - 14 & Under Men	6
Finals	11:25 - 11:40	TRA L3 - 14 & Under Men	6
Stretch	11:20 - 11:40	TRA L2 - 12 & Under Women	
Specific Warm-up	11:40 - 12:00	TRA L2 - 12 & Under Women	
Competition	12:00 - 12:35	TRA L2 - 12 & Under Women	13
Finals	12:45 - 1:00	TRA L2 - 12 & Under Women	8
Stretch	12:40 - 1:00	TRA L2 - 13 & Under Men	
Specific Warm-up	1:00 - 1:20	TRA L2 - 13 & Under Men	
Competition	1:20 - 1:55	TRA L2 - 13 & Under Men	13
Finals	2:05 - 2:20	TRA L2 - 13 & Under Men	8
Awards/Judges' Break	2:35 - 3:15		

Tumbling

TUM L1 - 11 Women	13		
Stretch	1:10 - 1:30	TUM L1 - 11 Women	
Specific Warm-up	1:30 - 1:45	TUM L1 - 11 Women	
Competition	1:45 - 2:10	TUM L1 - 11 Women	13
Finals	2:20 - 2:35	TUM L1 - 11 Women	8
Awards/Judges' Break	2:35 - 3:15		

DRAFT SCHEDULE - 2019 TRA TUM Ontario Championships / Hosted by OAA

Friday May 24, 2019/ Flight # 2

Trampoline 3 & 4

TRS - L3	14	TRS - L4	6
TRS - L2	26		
Stretch	2:30 - 2:50	TRS - L3	
Specific Warm-up	2:50 - 3:15	TRS - L3	
Competition	3:15 - 3:40	TRS - L3	14
Stretch	3:20 - 3:40	TRS - L2 (Flight 1)	
Specific Warm-up	3:40 - 4:00	TRS - L2 (Flight 1)	
Competition	4:00 - 4:20	TRS - L2 (Flight 1)	13
Stretch	4:00 - 4:20	TRS - L2 (Flight 2)	
Specific Warm-up	4:20 - 4:40	TRS - L2 (Flight 2)	
Competition	4:40 - 5:00	TRS - L2 (Flight 2)	13
Stretch	4:40 - 5:00	TRS - L4	
Specific Warm-up	5:00 - 5:15	TRS - L4	
Competition	5:15 - 5:30	TRS - L4	6
Awards	5:50 - 6:30		

Tumbling

TUM L1 - 9 & 10 Women	13		
TUM L1 - 14 & Over Women	16		
Stretch	2:40 - 3:00	TUM L1 - 9 & 10 Women	
Specific Warm-up	3:00 - 3:15	TUM L1 - 9 & 10 Women	
Competition	3:15 - 3:40	TUM L1 - 9 & 10 Women	13
Finals	3:50 - 4:05	TUM L1 - 9 & 10 Women	8
Stretch	3:45 - 4:05	TUM L1 - 14 & Over Women	
Specific Warm-up	4:05 - 4:25	TUM L1 - 14 & Over Women	
Competition	4:25 - 5:00	TUM L1 - 14 & Over Women	16
Finals	5:10 - 5:25	TUM L1 - 14 & Over Women	8
Awards	5:50 - 6:30		

Double-Mini Trampoline

DMT L1 - 12 & Under Women	22		
DMT L2 - 14 Women	9		
Stretch	2:45 - 3:05	DMT L1 - 12 & Under Women (Flight 1)	
Specific Warm-up	3:05 - 3:15	DMT L1 - 12 & Under Women (Flight 1)	
Competition	3:15 - 3:35	DMT L1 - 12 & Under Women (Flight 1)	11
Stretch	3:15 - 3:35	DMT L1 - 12 & Under Women (Flight 2)	
Specific Warm-up	3:35 - 3:45	DMT L1 - 12 & Under Women (Flight 2)	
Competition	3:45 - 4:05	DMT L1 - 12 & Under Women (Flight 2)	11
Finals Warm-up	4:15 - 4:25	DMT L1 - 12 & Under Women	
Finals	4:25 - 4:40	DMT L1 - 12 & Under Women	8
Stretch	4:20 - 4:40	DMT L2 - 14 Women	
Specific Warm-up	4:40 - 4:55	DMT L2 - 14 Women	
Competition	4:55 - 5:15	DMT L2 - 14 Women	9
Finals Warm-up	5:25 - 5:35	DMT L2 - 14 Women	
Finals	5:35 - 5:50	DMT L2 - 14 Women	8
Awards	5:50 - 6:30		

DRAFT SCHEDULE - 2019 TRA TUM Ontario Championships / Hosted by OAA

Saturday May 25, 2019/ Flight # 3

Trampoline 1 & 2

TRA L5 - 17 & Over Women	17	TRA L5 - 17 & Over Men	7
TRA L5 - 16 & Under Men	9		
Stretch	8:10 - 8:30	TRA L5 - 17 & Over Women	
Specific Warm-up	8:30 - 9:00	TRA L5 - 17 & Over Women	
National Anthem	9:00 - 9:05		
Competition	9:05 - 10:05	TRA L5 - 17 & Over Women	17
Finals	10:15 - 10:35	TRA L5 - 17 & Over Women	10
Stretch	10:15 - 10:35	TRA L5 - 16 & Under Men	
Specific Warm-up	10:35 - 10:55	TRA L5 - 16 & Under Men	
Competition	10:55 - 11:30	TRA L5 - 16 & Under Men	9
Finals	11:30 - 11:50	TRA L5 - 16 & Under Men	9
Stretch	11:30 - 11:50	TRA L5 - 17 & Over Men	
Specific Warm-up	11:50 - 12:10	TRA L5 - 17 & Over Men	
Competition	12:10 - 12:35	TRA L5 - 17 & Over Men	7
Finals	12:35 - 12:50	TRA L5 - 17 & Over Men	7
Awards/Judges' Break	12:55 - 1:40		

Trampoline 3 & 4

TRA L5 - 16 & Under Women	16	TRA L6 - 18 & Over Women	6
TRA L6 - 17 & Under Women	3	TRA L6 - 18 & Over Men	4
TRA L6 - 17 & Under Men	3		
Stretch	8:10 - 8:30	TRA L5 - 16 & Under Women	
Specific Warm-up	8:30 - 9:00	TRA L5 - 16 & Under Women	
National Anthem	9:00 - 9:05		
Competition	9:05 - 10:05	TRA L5 - 16 & Under Women	16
Finals	10:15 - 10:35	TRA L5 - 16 & Under Women	10
Stretch	10:15 - 10:35	TRA L6 - 17 & Under Women, TRA L6 - 17 & Under Men	
Specific Warm-up	10:35 - 10:55	TRA L6 - 17 & Under Women, TRA L6 - 17 & Under Men	
Competition	10:55 - 11:15	TRA L6 - 17 & Under Women, TRA L6 - 17 & Under Men	6
Finals	11:15 - 11:30	TRA L6 - 17 & Under Women, TRA L6 - 17 & Under Men	6
Stretch	11:10 - 11:30	TRA L6 - 18 & Over Women, TRA L6 - 18 & Over Men	
Specific Warm-up	11:30 - 11:50	TRA L6 - 18 & Over Women, TRA L6 - 18 & Over Men	
Competition	11:50 - 12:25	TRA L6 - 18 & Over Women, TRA L6 - 18 & Over Men	10
Finals	12:25 - 12:45	TRA L6 - 18 & Over Women, TRA L6 - 18 & Over Men	10
Awards/Judges' Break	12:55 - 1:40		

Tumbling

TUM L1 - 13 Women	17	TUM L3 - 14 & Under Women	14
TUM L1 - Men	13	TUM L3 - 15 & Over Women	8
Stretch	8:20 - 8:40	TUM L1 - 13 Women	
Specific Warm-up	8:40 - 9:00	TUM L1 - 13 Women	
National Anthem	9:00 - 9:05		
Competition	9:05 - 9:40	TUM L1 - 13 Women	17
Finals	9:50 - 10:05	TUM L1 - 13 Women	8
Stretch	9:45 - 10:05	TUM L1 - Men	
Specific Warm-up	10:05 - 10:20	TUM L1 - Men	
Competition	10:20 - 10:45	TUM L1 - Men	13
Finals	10:55 - 11:10	TUM L1 - Men	8
Stretch	10:50 - 11:10	TUM L3 - 14 & Under Women	
Specific Warm-up	11:10 - 11:25	TUM L3 - 14 & Under Women	
Competition	11:25 - 11:55	TUM L3 - 14 & Under Women	14
Finals	12:05 - 12:20	TUM L3 - 14 & Under Women	8
Stretch	12:00 - 12:20	TUM L3 - 15 & Over Women	
Specific Warm-up	12:20 - 12:30	TUM L3 - 15 & Over Women	
Competition	12:30 - 12:40	TUM L3 - 15 & Over Women	8
Finals	12:40 - 12:55	TUM L3 - 15 & Over Women	8
Awards/Judges' Break	12:55 - 1:40		

Double-Mini Trampoline

DMT L2 - Men	15	DMT L1 - 13 & Over Women	30
DMT L1 - Men	8		
Stretch	8:20 - 8:40	DMT L2 - Men	
Specific Warm-up	8:40 - 9:00	DMT L2 - Men	
National Anthem	9:00 - 9:05		
Competition	9:05 - 9:30	DMT L2 - Men	15
Finals Warm-up	9:40 - 9:50	DMT L2 - Men	
Finals	9:50 - 10:05	DMT L2 - Men	8
Stretch	9:45 - 10:05	DMT L1 - Men	
Specific Warm-up	10:05 - 10:15	DMT L1 - Men	
Competition	10:15 - 10:30	DMT L1 - Men	8
Finals Warm-up	10:30 - 10:40	DMT L1 - Men	
Finals	10:40 - 10:55	DMT L1 - Men	8
Stretch	10:35 - 10:55	DMT L1 - 13 & Over Women (Flight 1)	
Specific Warm-up	10:55 - 11:10	DMT L1 - 13 & Over Women (Flight 1)	
Competition	11:10 - 11:35	DMT L1 - 13 & Over Women (Flight 1)	15
Stretch	11:15 - 11:35	DMT L1 - 13 & Over Women (Flight 2)	
Specific Warm-up	11:35 - 11:50	DMT L1 - 13 & Over Women (Flight 2)	
Competition	11:50 - 12:15	DMT L1 - 13 & Over Women (Flight 2)	15
Finals Warm-up	12:25 - 12:35	DMT L1 - 13 & Over Women	
Finals	12:35 - 12:50	DMT L1 - 13 & Over Women	8
Awards/Judges' Break	12:55 - 1:40		

DRAFT SCHEDULE - 2019 TRA TUM Ontario Championships / Hosted by OAA

Saturday May 25, 2019/ Flight # 4

Trampoline 1 & 2

TRA L2 - 15 & Over Women	18		
TRA L3 - 15 Women	9		
TRA L3 - 16 & Over Women	10		
Stretch	12:55 - 1:15	TRA L2 - 15 & Over Women	
Specific Warm-up	1:15 - 1:40	TRA L2 - 15 & Over Women	
Competition	1:40 - 2:30	TRA L2 - 15 & Over Women	18
Finals	2:40 - 2:55	TRA L2 - 15 & Over Women	8
Stretch	2:35 - 2:55	TRA L3 - 15 Women	
Specific Warm-up	2:55 - 3:10	TRA L3 - 15 Women	
Competition	3:10 - 3:35	TRA L3 - 15 Women	9
Finals	3:45 - 4:00	TRA L3 - 15 Women	8
Stretch	3:40 - 4:00	TRA L3 - 16 & Over Women	
Specific Warm-up	4:00 - 4:15	TRA L3 - 16 & Over Women	
Competition	4:15 - 4:45	TRA L3 - 16 & Over Women	10
Finals	4:55 - 5:10	TRA L3 - 16 & Over Women	8
Awards	5:20 - 6:10		

Trampoline 3 & 4

TRA Junior - Women (3) & Men (5)	8	TRS - L5 Men	8
TRA Senior - Women (4) & Men (1)	5	TRS - Senior Women	2
TRS - L5 Women	10	TRS - Senior Men	2
Stretch	12:55 - 1:15	TRA Junior - Women & Men, TRA Senior - Women & Men	
Specific Warm-up	1:15 - 1:40	TRA Junior - Women & Men, TRA Senior - Women & Men	
Competition	1:40 - 2:25	TRA Junior - Women & Men, TRA Senior - Women & Men	13
Finals	2:25 - 2:50	TRA Junior - Women & Men, TRA Senior - Women & Men	13
Stretch	2:30 - 2:50	TRS - L5 Women	
Specific Warm-up	2:50 - 3:15	TRS - L5 Women	
Competition	3:15 - 3:40	TRS - L5 Women	10
Stretch	3:20 - 3:40	TRS - Senior Women & Men, TRS - L5 Men	
Specific Warm-up	3:40 - 4:10	TRS - Senior Women & Men, TRS - L5 Men	
Competition (L5 - 1 routine only)	4:10 - 4:45	TRS - Senior Women & Men, TRS - L5 Men	12
Awards	5:20 - 6:10		

Tumbling

TUM L5 - 15 & Under Men	1	TUM L5 - 15 & Under Women	10
TUM L5 - 16 & Over Women	4	TUM L6 - Women	5
TUM L5 - 16 & Over Men	1	TUM Junior - Women	2
TUM L6 - Men	3	TUM Senior - Women (2) & Men (1)	3
Stretch	1:00 - 1:20	TUM L5 - 15 & Under Men, TUM L5 - 16 & Over Women & Men, TUM L6 - Men	
Specific Warm-up	1:20 - 1:40	TUM L5 - 15 & Under Men, TUM L5 - 16 & Over Women & Men, TUM L6 - Men	
Competition	1:40 - 2:00	TUM L5 - 15 & Under Men, TUM L5 - 16 & Over Women & Men, TUM L6 - Men	9
Finals	2:00 - 2:30	TUM L5 - 15 & Under Men, TUM L5 - 16 & Over Women & Men, TUM L6 - Men	9
Stretch	2:10 - 2:30	TUM L5 - 15 & Under Women	
Specific Warm-up	2:30 - 2:50	TUM L5 - 15 & Under Women	
Competition	2:50 - 3:15	TUM L5 - 15 & Under Women	10
Finals	3:15 - 3:50	TUM L5 - 15 & Under Women	10
Stretch	3:30 - 3:50	TUM L6 - Women, TUM Junior - Women, TUM Senior - Women, TUM Senior - Men	
Specific Warm-up	3:50 - 4:15	TUM L6 - Women, TUM Junior - Women, TUM Senior - Women, TUM Senior - Men	
Competition	4:15 - 4:45	TUM L6 - Women, TUM Junior - Women, TUM Senior - Women, TUM Senior - Men	10
Finals	4:45 - 5:20	TUM L6 - Women, TUM Junior - Women, TUM Senior - Women, TUM Senior - Men	10
Awards	5:20 - 6:10		

Double-Mini Trampoline

DMT L5 - 16 & Under Women	4	DMT L2 - 13 & Under Women	16
DMT L5 - 17 & Over Women	4		
DMT L4 - Women	6		
DMT L4 - Men	5		
Stretch	1:05 - 1:25	DMT L5 - 16 & U Women, DMT L5 - 17+ W	
Specific Warm-up	1:25 - 1:40	DMT L5 - 16 & U Women, DMT L5 - 17+ W	
Competition	1:40 - 1:55	DMT L5 - 16 & U Women, DMT L5 - 17+ W	8
Finals Warm-up	1:55 - 2:10	DMT L5 - 16 & U Women, DMT L5 - 17+ W	
Finals	2:10 - 2:25	DMT L5 - 16 & U Women, DMT L5 - 17+ W	8
Stretch	2:05 - 2:25	DMT L4 - Women, DMT L4 - Men	
Specific Warm-up	2:25 - 2:45	DMT L4 - Women, DMT L4 - Men	
Competition	2:45 - 3:05	DMT L4 - Women, DMT L4 - Men	11
Finals Warm-up	3:05 - 3:25	DMT L4 - Women, DMT L4 - Men	
Finals	3:25 - 3:45	DMT L4 - Women, DMT L4 - Men	11
Stretch	3:25 - 3:45	DMT L2 - 13 & Under Women	
Specific Warm-up	3:45 - 4:05	DMT L2 - 13 & Under Women	
Competition	4:05 - 4:30	DMT L2 - 13 & Under Women	16
Finals Warm-up	4:40 - 4:50	DMT L2 - 13 & Under Women	
Finals	4:50 - 5:05	DMT L2 - 13 & Under Women	8
Awards	5:20 - 6:10		

DRAFT SCHEDULE - 2019 TRA TUM Ontario Championships / Hosted by OAA

Sunday May 26, 2019/ Flight # 5

Trampoline 1 & 2

TRA L1 - 13 & 14 Women	22	TRA L3 - 14 Women	9
TRA L1 - 15 & Over Women	9		
Stretch	8:25 - 8:45	TRA L1 - 13 & 14 Women (Flight 1)	
Specific Warm-up	8:45 - 9:00	TRA L1 - 13 & 14 Women (Flight 1)	
National Anthem	9:00 - 9:05		
Competition	9:05 - 9:35	TRA L1 - 13 & 14 Women (Flight 1)	11
Stretch	9:15 - 9:35	TRA L1 - 13 & 14 Women (Flight 2)	
Specific Warm-up	9:35 - 9:50	TRA L1 - 13 & 14 Women (Flight 2)	
Competition	9:50 - 10:20	TRA L1 - 13 & 14 Women (Flight 2)	11
Finals (2-touch)	10:30 - 10:45	TRA L1 - 13 & 14 Women	8
Stretch	10:25 - 10:45	TRA L1 - 15 & Over Women	
Specific Warm-up	10:45 - 11:00	TRA L1 - 15 & Over Women	
Competition	11:00 - 11:25	TRA L1 - 15 & Over Women	9
Finals	11:35 - 11:50	TRA L1 - 15 & Over Women	8
Stretch	11:30 - 11:50	TRA L3 - 14 Women	
Specific Warm-up	11:50 - 12:05	TRA L3 - 14 Women	
Competition	12:05 - 12:30	TRA L3 - 14 Women	9
Finals	12:40 - 12:55	TRA L3 - 14 Women	8
Awards/Judges' Break	12:55 - 1:40		

Trampoline 3 & 4

TRA L1 - 13 & Over Men	14	TRA L4 - Men	13
TRA L3 - 13 & Under Women	11		
Stretch	8:20 - 8:40	TRA L1 - 13 & Over Men	
Specific Warm-up	8:40 - 9:00	TRA L1 - 13 & Over Men	
National Anthem	9:00 - 9:05		
Competition	9:05 - 9:45	TRA L1 - 13 & Over Men	14
Finals	9:55 - 10:10	TRA L1 - 13 & Over Men	8
Stretch	9:50 - 10:10	TRA L3 - 13 & Under Women	
Specific Warm-up	10:10 - 10:25	TRA L3 - 13 & Under Women	
Competition	10:25 - 10:55	TRA L3 - 13 & Under Women	11
Finals	11:05 - 11:20	TRA L3 - 13 & Under Women	8
Stretch	11:00 - 11:20	TRA L4 - Men	
Specific Warm-up	11:20 - 11:40	TRA L4 - Men	
Competition	11:40 - 12:15	TRA L4 - Men	13
Finals	12:25 - 12:40	TRA L4 - Men	8
Awards/Judges' Break	12:55 - 1:40		

Tumbling

TUM L2 - 12 & Under Women	11	TUM L4 - Men	1
TUM L2 - 13 & 14 Women	15	TUM L4 - Women	13
TUM L2 - Men	3		
TUM L3 - Men	2		
Stretch	8:25 - 8:45	TUM L2 - 12 & Under Women	
Specific Warm-up	8:45 - 9:00	TUM L2 - 12 & Under Women	
National Anthem	9:00 - 9:05		
Competition	9:05 - 9:25	TUM L2 - 12 & Under Women	11
Finals	9:35 - 9:50	TUM L2 - 12 & Under Women	8
Stretch	9:30 - 9:50	TUM L2 - 13 & 14 Women	
Specific Warm-up	9:50 - 10:05	TUM L2 - 13 & 14 Women	
Competition	10:05 - 10:35	TUM L2 - 13 & 14 Women	15
Finals	10:45 - 11:00	TUM L2 - 13 & 14 Women	8
Stretch	10:40 - 11:00	TUM L2 - Men, TUM L3 - Men, TUM L4 - Men	
Specific Warm-up	11:00 - 11:10	TUM L2 - Men, TUM L3 - Men, TUM L4 - Men	
Competition	11:10 - 11:25	TUM L2 - Men, TUM L3 - Men, TUM L4 - Men	6
Finals	11:25 - 11:35	TUM L2 - Men, TUM L3 - Men, TUM L4 - Men	6
Stretch	11:15 - 11:35	TUM L4 - Women	
Specific Warm-up	11:35 - 11:55	TUM L4 - Women	
Competition	11:55 - 12:25	TUM L4 - Women	13
Finals	12:25 - 12:50	TUM L4 - Women	13
Awards/Judges' Break	12:55 - 1:40		

Double-Mini Trampoline

DMT L2 - 15 & Over Women	17	DMT L6 - 18 & Over Women (2) & Men (2)	4
DMT L5 - 16 & Under Men	6	DMT Junior - Men	2
DMT L5 - 17 & Over Men	5	DMT Senior - Women	1
DMT L6 - 17 & Under Women (5) & Men (1)	6		
Stretch	8:15 - 8:35	DMT L2 - 15 & Over Women	
Specific Warm-up	8:35 - 9:00	DMT L2 - 15 & Over Women	
National Anthem	9:00 - 9:05		
Competition	9:05 - 9:35	DMT L2 - 15 & Over Women	17
Finals Warm-up	9:45 - 9:55	DMT L2 - 15 & Over Women	
Finals	9:55 - 10:10	DMT L2 - 15 & Over Women	8
Stretch	9:50 - 10:10	DMT L5 - 16 & U Men, DMT L5 - 17+ Men	
Specific Warm-up	10:10 - 10:30	DMT L5 - 16 & U Men, DMT L5 - 17+ Men	
Competition	10:30 - 10:50	DMT L5 - 16 & U Men, DMT L5 - 17+ Men	11
Finals Warm-up	10:50 - 11:10	DMT L5 - 16 & U Men, DMT L5 - 17+ Men	
Finals	11:10 - 11:30	DMT L5 - 16 & U Men, DMT L5 - 17+ Men	11
Stretch	11:10 - 11:30	DMT L6 - Women & Men (all ages), DMT Junior - Men, DMT Senior - Women	
Specific Warm-up	11:30 - 11:50	DMT L6 - Women & Men (all ages), DMT Junior - Men, DMT Senior - Women	
Competition	11:50 - 12:10	DMT L6 - Women & Men (all ages), DMT Junior - Men, DMT Senior - Women	13
Finals Warm-up	12:10 - 12:30	DMT L6 - Women & Men (all ages), DMT Junior - Men, DMT Senior - Women	
Finals	12:30 - 12:50	DMT L6 - Women & Men (all ages), DMT Junior - Men, DMT Senior - Women	13
Awards/Judges' Break	12:55 - 1:40		

DRAFT SCHEDULE - 2019 TRA TUM Ontario Championships / Hosted by OAA

Sunday May 26, 2019/ Flight # 6

Trampoline 1 & 2

TRA L2 - 13 Women	19	TRA L4 - 16 & Over Women	1
TRA L4 - 15 & Under Women	6		
Stretch	12:55 - 1:15	TRA L2 - 13 Women	
Specific Warm-up	1:15 - 1:40	TRA L2 - 13 Women	
Competition	1:40 - 2:35	TRA L2 - 13 Women	19
Finals	2:45 - 3:00	TRA L2 - 13 Women	8
Stretch	2:40 - 3:00	TRA L4 - 15 & Under Women, TRA L4 - 16 & Over Women	
Specific Warm-up	3:00 - 3:10	TRA L4 - 15 & Under Women, TRA L4 - 16 & Over Women	
Competition	3:10 - 3:30	TRA L4 - 15 & Under Women, TRA L4 - 16 & Over Women	7
Finals	3:30 - 3:45	TRA L4 - 15 & Under Women, TRA L4 - 16 & Over Women	7
Awards	3:45 - 4:25		

Trampoline 3 & 4

TRA L2 - 14 & Over Men	14		
TRA L3 - 15 & Over Men	8		
Stretch	1:00 - 1:20	TRA L2 - 14 & Over Men	
Specific Warm-up	1:20 - 1:40	TRA L2 - 14 & Over Men	
Competition	1:40 - 2:20	TRA L2 - 14 & Over Men	14
Finals	2:30 - 2:45	TRA L2 - 14 & Over Men	8
Stretch	2:25 - 2:45	TRA L3 - 15 & Over Men	
Specific Warm-up	2:45 - 2:55	TRA L3 - 15 & Over Men	
Competition	2:55 - 3:20	TRA L3 - 15 & Over Men	8
Finals	3:20 - 3:35	TRA L3 - 15 & Over Men	8
Awards	3:45 - 4:25		

Tumbling

TUM L1 - 12 Women	13		
TUM L2 - 15 & Over Women	12		
Stretch	1:05 - 1:25	TUM L1 - 12 Women	
Specific Warm-up	1:25 - 1:40	TUM L1 - 12 Women	
Competition	1:40 - 2:05	TUM L1 - 12 Women	13
Finals	2:15 - 2:30	TUM L1 - 12 Women	8
Stretch	2:10 - 2:30	TUM L2 - 15 & Over Women	
Specific Warm-up	2:30 - 2:45	TUM L2 - 15 & Over Women	
Competition	2:45 - 3:10	TUM L2 - 15 & Over Women	12
Finals	3:20 - 3:35	TUM L2 - 15 & Over Women	8
Awards	3:45 - 4:25		

Double-Mini Trampoline

DMT L3 - Men	6	DMT L3 - 15 & Over Women	6
DMT L3 - 14 & Under Women	4		
Stretch	1:10 - 1:30	DMT L3 - Men	
Specific Warm-up	1:30 - 1:40	DMT L3 - Men	
Competition	1:40 - 2:00	DMT L3 - Men	6
Finals Warm-up	2:00 - 2:10	DMT L3 - Men	
Finals	2:10 - 2:25	DMT L3 - Men	6
Stretch	2:05 - 2:25	DMT L3 - 14 & Under Women, DMT L3 - 15 & Over Women	
Specific Warm-up	2:25 - 2:40	DMT L3 - 14 & Under Women, DMT L3 - 15 & Over Women	
Competition	2:40 - 3:00	DMT L3 - 14 & Under Women, DMT L3 - 15 & Over Women	10
Finals Warm-up	3:00 - 3:15	DMT L3 - 14 & Under Women, DMT L3 - 15 & Over Women	
Finals	3:15 - 3:30	DMT L3 - 14 & Under Women, DMT L3 - 15 & Over Women	10
Awards	3:45 - 4:25		