



2019 Eastern Canadian Trampoline & Tumbling Championships

Hosted by Dynamix

May 17-20, 2019

Bulletin #1

Dynamix Gymnastics Club alongside Gymnastics Quebec is very excited to welcome everyone to the 2019 Eastern Canadian Trampoline & Tumbling Championships.

Competition Venue:

Centre Multisports Régional
200 rue Jean Coutu,
Varenes, QC, J3X 0E1

<http://www.ccssj.org/centre-multisports-regional>

Equipment:

Supplied by GYMNOVA CANADA and EUROTRAMP for the event.

Schedule:

Friday, May 17th: Arrival and training (tentative training time is 4:00pm-7:00pm for Ontario)

Saturday, May 18th: Competition

Sunday, May 19th: Competition and closing banquet

Monday, May 20th: Departure

Eligible Categories:

TRA & TUM

Athletes: Trampoline, Synchronized Trampoline, Tumbling and Double Mini Trampoline in Level 1 -12 & under (4 team members per gender).

Level 1 - 13 & Over (4 team members per gender).

Level 2, 3 and 4 (8 athletes per gender: 4 team members, 4 independent).

Coaches: Comprised of personal coaches only

Managers: Club Coaches to Manage Athletes

Judges: 8 as selected by the Technical Committee

Eastern Canadian Championships is a club-managed event. All Clubs are responsible for the supervision of their athletes at all times throughout the event (including the banquet/social). Clubs are responsible for all travel, meals and accommodations. One named Head of Delegation will be fully funded by Gymnastics Ontario (except for on-site transportation). Clubs will be responsible for managing/chaperoning their own club athletes for the entire duration of the event. All athletes must have a manager/chaperone with them at all times.

Any club who does not send a coach or manager to coach on the floor and or supervise their athlete(s) must make arrangements with another club to do so, otherwise this athlete(s) will not be permitted to register or attend.

One Head of Delegation will be fully funded by Gymnastics Ontario (except for on-site transportation).

- The Head of Delegation may submit their receipts for reimbursement for:

- Travel (air, mileage, train) up to a total amount of \$550
- meal allowance of \$185 total for meals – no receipts required (4 breakfast, 3 lunches, 4 dinners)
- \$300 toward accommodation (cost assumption based on 2 per room)

Please note: In order to be reimbursed, all receipts **MUST SHOW THE HST BREAKDOWN**. Flights and accommodations must be booked directly through the airline and hotel – **third party travel organizations will not be accepted**. As well, all forms and receipts must be submitted **NO LATER THAN ONE MONTH FROM THE EVENT**. The deadline for submission is **Wednesday, June 19 at 4:00pm**.

Registration:

Club registration must be completed online through Uplifter no later than Friday, April 12 at 12:00noon.

To register through Uplifter, please follow this link:

<https://gymnasticsont.uplifterinc.com/pages/events/T-T-Events/T-T-Eastern-Canadian-Championships>

Be sure to fill out all appropriate information including all applicable waiver and medical forms by the deadline. You may print, fill out and scan the forms back to tnt@gymnasticsontario.ca

Registration Fees:

Athlete \$90 + HST (\$11.70) = \$101.70

Personal Coach / Club Manager \$45 + HST (\$5.85) = \$50.85

Head of Delegation (selected by Gymnastics Ontario) \$0

HST # 12212 5131 RT0001

Medical: Team Ontario will be accompanied by one athletic therapist.

Accommodations/Meals:

Each club is responsible for making its own accommodations and meal arrangements. The following hotels have offered preferred rates.

Gymnastics Ontario has secured blocks of rooms at the hotels below. When booking, please be sure to mention Gymnastics Ontario and the 2019 Eastern Canadian Trampoline & Tumbling Championships.

Imperia Hotel

1550, boul. De Montarville

Boucherville, QC J4B 5Y3

450-857-3336

www.imperiahotel.com

10 rooms with 1 Queen bed | \$130 per night plus taxes

10 rooms with 1 Queen bed & 1 Sofa bed | \$140 per night plus taxes

The cut off date for securing this block of rooms is Monday, April 8, 2019 so be sure to book before that date.

Hotel Rive Gauche

1810 Richelieu Street

Beloeil, Quebec

J3G 4S4

Exit 112 - Trans-Canada Highway (20)

5 rooms with 1 King bed | \$150 per night plus taxes

10 rooms with 2 beds | \$150 double occupancy, \$170 triple occupancy, \$190 quadruple occupancy plus taxes

To make the reservation, the guest will reserve directly with the front desk at this number 450-467-4477 or 1-888-608-6565 or by email at info@hotelrivegauche.ca. Identify the group name Gymnastics Ontario #123249 to be provided with the group rate, before **April 19, 2019**. After that date reservations will be according to availability and rate of the day.

Hotel Mortagne

1228 rue Nobel

Boucherville, Québec

J4B 5H1

For individual reservations, guests should contact the Reservations Department directly either by calling the number (450) 655-9966 or toll free at 1-877-655-9966 or by email at reservation@hotelmortagne.com. Guests must identify themselves as being part of the group Gymnastics Ontario confirmation number #25530 in order to benefit from the preferred rate.

N.B.: All reservations must be guaranteed with a valid credit card. The two (2) nights are payable by credit card one (1) month before arrival, and non-refundable.

Transportation:

Each club is responsible for its team's transportation to and from Quebec. All delegates (including the Head of Delegation) are responsible for their own on-site transportation. If your club needs assistance with transportation from the competition to your hotel, the organizing committee has provided the information from the following companies:

- The organization [busbusbus.com](http://www.busbusbus.com) can offer the transportation services from your hotel to the competition site. To request a quote you need to fill the online form on their website (available in english and in french)

<https://www.busbusbus.com/en/login/>

- Autobus Boucherville, quote request by phone 450-655-6201

<http://autobusboucherville.com/accueil.html>

Food Options:

There will be a hospitality room with snacks for coaches at the venue. Full meals WILL NOT be available for coaches in this room. It will be snacks only.

The organizing committee has provided coaches and athletes with the opportunity to join their meal plan. The meal plan is \$125 per person and will include:

Friday, May 17 – lunch, dinner, snacks

Saturday, May 18 – breakfast, lunch, dinner, snacks

Sunday, May 19 – breakfast, lunch, dinner, snacks

Meals will be available at the competition venue during specified times. More information will be provided to those who choose this option. For those who want to take advantage of the meal plan, fill out the Excel form provided and send it back to bureau@ecoledynamix.com and direction@ecoledynamix.com no later than April 25. **DO NOT SEND THE FORM TO GYMNASTICS ONTARIO.**

Canteen:

There is a canteen available at the venue. Snacks and sandwiches are available for purchase.

Athlete Social:

All athletes are invited to a closing banquet on Sunday, May 19th, 2019. It will be held at the competition venue. More information of the evening will be detailed in the next bulletin.

Coaches and Managers are responsible for their athletes during the banquet. All athletes must be supervised at all times. Parents are not permitted to supervise the athletes at the banquet unless they have been accredited as manager for the event.

Coach/Judge Social:

Coaches, officials and support staff are invited to a closing social. The date, place, time and format of the evening will be detailed in the next bulletin.