

# Interclub Year End Event, Under the Sea 2019

*Saturday June 15 (DMT/TUM) and Sunday, June 16, 2019 (TRI/TRS)*

Tumbling - Saturday, June 15			Double-Mini - Saturday, June 15		
General Stretch	3:40 pm to 3:55 pm	Showcase (15)	General Stretch	3:40 pm to 3:55 pm	Prov 4 Female (1) Male (1) Prov 3 Female (1) Male (1) Prov 2 Female (4) Male (3)
National Anthem	3:55 pm to 4:00 pm		General Stretch	3:55 pm to 4:00 pm	
Specific Warm-up	4:00 pm to 4:15 pm		Specific Warm-up	4:00 pm to 4:10 pm	
Competition	4:15 pm to 4:40 pm		Pass 1&2 Comp	4:10 pm to 4:30 pm	
General Stretch	4:30 pm to 4:45 pm	Masters Beg(1) Adv (1) Interclub A Female (8) Interclub A Male (1) B Male (1)	Specific Warm-up	4:30 pm to 4:40 pm	Prov 1 F (6) M (2) Showcase (3) Masters Int F (1) M (1) Adv (1) Interclub C Female (1) Male (1)
Specific Warm-up	4:45 pm to 5:00 pm		Pass 3&4 Comp	4:40 pm to 5:00 pm	
Competition	5:00 pm to 5:25 pm	Interclub B Female 2008-2005(9) 2009-2011(10)	General Stretch	4:50 pm to 5:05 pm	Interclub A Female (1) Interclub B Male (2) Female 2005-2007 (7) 2008-2011 (7)
General Stretch	5:15 pm to 5:30 pm		Specific Warm-up	5:05 pm to 5:20 pm	
Specific Warm-up	5:30 pm to 5:45 pm		Competition	5:20 pm to 5:45 pm	
Competition	5:45 pm to 6:10 pm	Interclub C Female (2) Prov 1 Female (10) Male (1) Prov 2 F (2) 3 F (3) M (1)	General Stretch	5:35 pm to 5:50 pm	Interclub A Female (1) Interclub B Male (2) Female 2005-2007 (7) 2008-2011 (7)
General Stretch	6:00 pm to 6:15 pm		Specific Warm-up	5:50 pm to 6:10 pm	
Specific Warm-up	6:15 pm to 6:30 pm		Competition	6:10 pm to 6:40 pm	
Competition	6:30 pm to 7:00 pm				
Synchronized Trampoline - Sunday, June 16			Individual Trampoline - Sunday, June 16		
General Stretch	8:40 am to 8:55 am	Interclub Beginner (6)	General Stretch	10:15 am to 10:30 am	Interclub A Female (3) Interclub B Male (6)
National Anthem	8:55 am to 9:00 am		Specific Warm-up	10:30 am to 10:45 am	
Specific Warm-up	9:00 am to 9:10 am		Competition	10:45 am to 11:10 am	
Competition	9:15 am to 9:25 am	Interclub Advanced (1) Masters Int. (2) Advanced (1) Provincial 3 (1)	General Stretch	11:00 am to 11:15 am	Interclub B Female 2008-2011 (10) 2007-2002 (5)
General Stretch	8:55 am to 9:10 am		Specific Warm-up	11:15 am to 11:35 am	
Specific Warm-up	9:30 am to 9:45 am		Competition	11:35 am to 12:10 pm	
Competition	9:45 am to 10:00 am	Provincial 2 (4)	General Stretch	12:00 pm to 12:15 pm	Masters (6) Showcase (3) Provincial 3 Female (2) Male (1) Provincial 4 Male (4) Nat 5 (1)
General Stretch	9:20 am to 9:35 am		Specific Warm-up	12:15 pm to 12:35 pm	
Specific Warm-up	10:05 am to 10:15 am		Competition	12:35 pm to 1:15 pm	
Competition	10:15 am to 10:25 am		General Stretch	1:05 pm to 1:20 pm	Provincial 2 Female (7) Male (8)  Provincial 1 Female (8) Male (6)
		Specific Warm-up	1:20 pm to 2:00 pm		
		Competition	2:00 pm to 2:35 pm		
			General Stretch	2:25 pm to 2:40 pm	
			Specific Warm-up	2:40 pm to 2:55 pm	
			Competition	2:55 pm to 3:25 pm	



1420 Bayly Street, Unit 16 in Pickering, Ontario  
905.492.9299 [events@oaagym.ca](mailto:events@oaagym.ca)

If you haven't already, like, share, subscribe, follow!

