



**The Osborne Academy of Acrobatics**  
1420 Bayly St, #16, Pickering, ON, L1W 3R4  
(905) 492-9299 | [info@oaagym.ca](mailto:info@oaagym.ca) | [www.oaagym.ca](http://www.oaagym.ca)

## COVID-19 PROTOCOL

This document outlines the additional protocols we have implemented in response to COVID-19. The health and safety of our athletes is our top priority, and we want to do everything possible to be prepared.

**Please read and sign this document to indicate you understand the additional protocols put in place.**

### **Mandatory Face Masks**

- All staff, visitors and customers are required to wear a non-medical mask or face covering upon entering and remaining within OAA.
- The mask or face covering must cover the nose, mouth and chin.
- Temporary removal of the mask if permitted where necessary for the purposes of engaging in an athletic or fitness activity.
  - Therefore, athletes must wear a mask when entering/exiting the facility, when going to the bathroom, and when it is difficult to socially distance but are not required to wear a mask while practicing.
- The following Persons are exempted from requiring a mask or face covering and will not be required to provide proof of such exemption:
  - The Person is a child under the age of two years; or a child under the age of 5 years either chronologically or developmentally and he or she refuses to wear a face covering and cannot be persuaded to do so by their caregiver;
  - The Person is incapacitated and unable to remove their mask without assistance;
  - The wearing of a non-medical mask or face covering would inhibit the Person's ability to breathe in any way;
  - For any other medical reason, the Person cannot safely wear a non-medical mask or face covering such as, but not limited to, respiratory disease, cognitive difficulties or difficulties in hearing or processing information.
  - For any religious reason, the Person cannot wear a non-medical mask or face covering, or cannot cover the face in a manner that would properly control the source.



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### **Entering and Exiting OAA**

- We have been asked by GO to not allow carpooling. Therefore, we ask that only members of the same family should be in a vehicle together.
- A COVID-screening questionnaire will be completed, either at home or upon arriving to the gym. If the questionnaire concludes that the participant has any symptoms, has been in contact with someone with COVID in the last 14 days or has a temperature over 37.8°C, they MUST stay home. If any symptoms become present during class, they will have to wait in the break room to be picked up.
- All persons must properly wash with soap and water or sanitize hands upon entering the gym (we have installed 4 foaming hand sanitizing stations).
- We encourage parents to drop-off and pick-up outside as opposed to entering the facility, if possible. Please avoid lingering around and chatting when dropping off and picking up.
- We will only be allowing 8 individuals inside the lobby at one time.
- **Participants and their families are not permitted to enter the gym if either they or a household member has had symptoms of COVID-19 in the prior 14 days.**
- **Anyone feeling unwell MUST STAY HOME.**

### **Cleaning Protocol**

- The gym will be cleaned entirely with a canister HEPA filtered vacuum cleaner on all carpeted surfaces daily.
- Hard surfaces will be cleaned with a microfiber mop with a cleaning and disinfecting solution.
- All commonly used areas will be cleaned and disinfected multiple times throughout the day (i.e. bathrooms, lobby, entrance/exit, etc.).
- In between rotations, the equipment will be quickly disinfected.
- Once per week, the entire gym will be steam cleaned, and disinfected. The disinfecting agent we are using is called Vital Oxide and is COVID-19 approved, as well as safe for the kids to breathe in and roll around in after use.
- We will be keeping a daily, weekly and monthly cleaning and disinfecting log.



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### **Hand Washing and Sanitizer**

- We will have installed 4 foaming hand sanitizing stations.
- We have installed EZ pull paper towels in our bathrooms and temporarily disconnected our hand dryers.
- Hand washing and/or sanitization will be executed upon arrival and exit, between each station, and frequently during class. Additionally, when an athlete touches their face, sneezes or coughs into their hands they will be asked to wash their hands.

### **Additional Protocol**

- Face masks for coaches will be mandatory.
- Participants will be assigned to specific equipment/apparatus where possible (e.g. a specific trampoline to use).
- Most chairs have been removed in the viewing gallery. Those remaining, have been separated to allow for physical distancing (although we encourage parents to drop-off and pick-up as opposed to viewing).
- Athletes will be frequently reminded about proper hand hygiene and respiratory etiquette.
- Athletes will not be permitted to drink from our water fountains but can use the water re-filling station to re-fill their water bottles.
- Drinks and snacks are available, but we moved the self-serving fridge to inside the office, for only 1 staff to handle and distribute.

### **Management of Suspected COVID-19**

- Symptomatic staff and camp participants will be referred for testing
- Those who test negative for COVID-19 will be excluded from camp until 24 hours after symptom resolution.
- Those who test positive for COVID-19 will be excluded from OAA camps for 14 days after the onset of symptoms and clearance has been received from the local public health unit.
- Camp participants or staff that have been in contact with a suspected COVID-19 case will be monitored for symptoms and further grouped together until tests have been completed or until directed by the local public health unit.



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- Camp participants or staff who have been exposed to a confirmed case of COVID-19 will be excluded from OAA camp for 14 days.
- Staff members and camp participants awaiting tests results will be excluded from camp.
- We will be keeping daily records of anyone who enters the gym who stays for 15 minutes or longer.

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Please sign below to indicate you've read, understand and will abide by the above COVID-19 protocols.

\_\_\_\_\_  
Participant Name

\_\_\_\_\_  
Full Name (of parent/guardian)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature