



2025 Eastern Canadian Championships

Men's Artistic Gymnastics

Friday, May 9 to Sunday, May 11, 2025
Hosted by OAA

as of April 25, 2025

SCHEDULE

FRIDAY, MAY 9, 2025 TRAINING		
8:00 AM-10:00 AM	QC	37 athletes
10:00 AM-12:00 PM	NB & NS	21 athletes (7 NB & 14 NS)
12:00 PM-2:00 PM	NL & PEI	14 athletes (9 NL & 5 PEI)
OPENING CEREMONIES – ALL DISCIPLINES - 2:00 PM		
2:45PM-4:45 PM	ON	38 athletes
SATURDAY, MAY 10, 2025		
	Session 1	Session 2
Category	P2 11+ (27)	P4 U13 (4), P4 13+ (15) & Aspire (2)
Athletes Arrival	9:00 AM- 9:15 AM	12:15 PM - 12:30 PM
March-In	9:20 AM - 9:40 AM	12:35 PM - 12:45 PM
Warm-Up	9:45 AM -10:05 AM	12:50 PM - 2:10 PM
Competition	10:10 AM - 12:00 PM	2:15 PM - 4:45 PM
Awards	To follow in the awards area	
SUNDAY, MAY 11, 2025		
	Session 3	Session 4
Category	P3 U13 (10) & P3 13+ (23)	PO (16) & Open (13)
Athletes Arrival	8:45 AM - 9:00 AM	12:15 PM - 12:30 PM
March-In	9:05 AM - 9:25 AM	12:35 PM - 12:45 PM
Warm-Up	9:30 AM - 10:20 AM	12:50 PM - 2:10 PM
Competition	10:25 AM - 12:00 AM	2:15 PM - 4:45 PM
Awards	To follow in the awards area	

Please note that there will be an awards specific schedule created to include all disciplines.